

# **Diabetes Wraparound Program of UPMC Children's Hospital of Pittsburgh (DWP)**

## **Advisory Board**

### **Application Kit for Community and/or System Partners**

**(Please note that there is a separate application kit for young adults and family members)**

**Please submit application by: November, 2, 2018**

**This packet includes an overview of the Diabetes Wraparound Program of UPMC Children's Hospital of Pittsburgh, an application form for community and/or system partners, and complete instructions for applying to become an Advisory Board member.  
Diabetes Wraparound Program of UPMC Children's Hospital of Pittsburgh**

The Diabetes Wraparound Program of UPMC Children's Hospital of Pittsburgh (DWP) is seeking community and/or system partners to serve on an Advisory Board that will oversee an innovative strategy to improve the adherence to medical regimens, including self-management and ultimately self-efficacy in high risk youth (ages 12-15) with type 1 diabetes (T1D).

The Advisory Board will be comprised of twenty-one total members. One third of these members will young adults, ages 18-26, with Type 1 Diabetes (T1D), one third will be family members who have or are currently raising a child or children with T1D, and one third will be professionals in community and/or other child-serving systems that directly or indirectly serve this population.

### **Diabetes Wraparound Program of UPMC Children's Hospital of Pittsburgh - Overview**

The goal of this program is to develop, implement, test, and refine innovative ways to support youth with T1D and their families, by recognizing that the youth and families experience many stressors related to T1D management in every aspect of life. These stressors can involve factors in emotional, social, educational, and health/medical areas. The aim of this new program is to identify, address, and remove barriers to successful T1D management and the intended outcome is to improve management of T1D and achieve successful living with T1D, for both the youth and their families.

As acknowledged, some youth with T1D, and their families, struggle with significant stress that can lead to depression, anxiety, or other behavioral and/or mental health issues that, in turn, can contribute to poor blood sugar control. Examples of the stressors experienced by youth with T1D and their families can include insurance or monetary difficulties (resulting in lapses in insulin refills or medical supplies), difficulty with communication, understanding and cooperation with caregivers (babysitters, grandparents, extended family, etc.), personnel at school, school activities/sports or recreational/sport activities, resulting in barriers to appropriate T1D management in normal teenage activities. The American Diabetes Association highlights the central role of stress in achieving blood sugar control targets, especially in youth with T1D, but there is currently no successful model that specifically addresses stressor identification and remediation. We look, therefore, to the field of mental health and see that High Fidelity Wraparound (HFW) has been successful in helping youth and families learn how to identify, meet, and coordinate their own needs; follow with best practice medical treatment; and identify and draw on their natural supports (e.g., extended family, friends, teachers, members of clubs or other groups, neighbors, clergy). We believe the same model can be successful for youth with T1D and their families.

HFW provides a structured, creative, and individualized team planning process that, compared to traditional treatment planning or even case management, is more effective and relevant to meeting the needs of the child and family. HFW plans are more holistic: they are designed to also meet the needs of caregivers and siblings and to address a range of life issues. Strong evidence of the effectiveness of HFW has been included in the Surgeon General's reports on both Children's Mental Health and Youth Violence and is mandated in several federal grant programs.

Thus, the proposed Diabetes Wraparound Program of UPMC Children's Hospital wishes to develop and pilot HFW to employ an innovative way to support youth with T1D and their families, in their own community, toward improved diabetes management, adjustment to the disease, quality of life, overall well-being, and healthier outcomes related to blood sugar control.

The Advisory Board will:

- Provide input to help make the Diabetes Wraparound Program (DWP) of UPMC Children's Hospital successful
- Provide oversight to the program's development and implementation by recommending priorities, monitoring progress and assuring that progress and results are communicated to youth, families, and professional groups as well as to the wider community.
- Reflect the diversity of those with T1D (we are seeking members of different ages, gender, ethnicity, socioeconomic background and geographic location).

As a member of the Diabetes Wraparound Program of UPMC Children's Hospital Advisory Board, you will be asked to attend the Advisory Board meetings to be held monthly at Children's Hospital of UPMC in Lawrenceville.

### **Advisory Board Questions and Answers:**

#### **How do I become an Advisory Board member?**

As a Community and/or System Partner Advisory Board member, you need to fill out this application and submit it to:

**Amy G. Nevin, MD**  
**Children's Hospital of UPMC**  
**Faculty Pavilion, 7th floor, Room 7113**  
**4401 Penn Avenue**  
**Pittsburgh PA 15224**  
**agnevinmd@gmail.com**

Community and/or System Partner applications will be reviewed by the program leadership committee, who will keep all information contained in the application confidential. Since you have been asked to join the Advisory Board, you represent one of the following pre-identified community and/or system partners:

- American Diabetes Association
- Juvenile Diabetes Research Foundation
- Department of Endocrinology of UPMC Children's Hospital
- UPMC Western Psychiatric Hospital
- UPMC Children's Hospital Foundation
- UPMC Health Plan
- Department of Pediatrics of UPMC Children's Hospital

Please note that there is a separate application for young adults and family members who are interested in being on the Advisory Board.

#### **How often are board meetings held?**

Advisory Board meetings will be held every month on the first Tuesday of the month from 6:00-8:00pm (a light meal will be provided). Advisory Board members are expected to attend at least 80% of the meetings. Occasionally, an additional meeting, training or committee meeting may occur, but you will be notified in advance.

**Where will the board meetings be held?**

The Advisory Board meetings will be held in room 307 at the Plaza building behind UPMC Children's Hospital in Lawrenceville. Free parking will be available in the Children's North garage.

**When are the applications due?**

Applications are due by November 2, 2018.

**As an Advisory Board member, what will I have to do?**

You will have to:

- Work with youth, family members and professionals to oversee and develop the Diabetes Wraparound Program of UPMC Children's Hospital, for youth with T1D, and their families.
- Represent the views of your organization and identify additional community and/or system partner(s) input that may be needed to help shape the vision and goals of the Program.
- Help set the Program priorities.
- Monitor ongoing implementation of the work plan.
- Monitor ongoing evaluation, quality assurance and continuous quality improvement
- Report on the success of the Program and advise on communication strategies.
- Attend and actively participate in the monthly meetings.

**Diabetes Wraparound Program of UPMC Children’s Hospital Advisory Board Application  
for Community/System Partner applicants**

The following questions ask for some personal information about you. It is important that we select Advisory Board members who represent key stakeholders and have a significant and extensive understanding of T1D. This information is confidential and will not be shared with anyone except the Program leadership without your written consent. If you need extra space to answer any of the questions, feel free to use a separate piece of paper. Thank you for your interest.

**Your name:**

**Mailing address:**

**Daytime and evening telephone numbers:**

**Best time to call you:**

**E-mail address:**

**Do you prefer email or text?**

- 1. How long have you worked in the community and/or child serving system?**
- 2. Which Organization and/or System are you representing?**
- 3. Tell us about some of your professional experiences in dealing with youth with T1D and their families.**
- 4. Are you now, or have you ever been, involved in any advisory boards or boards of directors? Please describe:**
- 5. Why do you want to be a member of the Diabetes Wraparound Program of UPMC Children’s Hospital Advisory Board?**

6. Briefly describe your professional experiences or skills that would benefit this Advisory Board:

7. Please complete the following information about yourself:

a. County and community where you live:

b. Race:

- Black/African American
- White/Caucasian
- Alaska Native/American Indian
- Asian
- Multiracial
- Other, please specify \_\_\_\_\_

c. Are you Hispanic/Latino?

- Yes
- No

d. Gender:

- Female
- Male
- Transgender
- Other

e. Do you identify as LGBTQIA?

- Yes
- No
- Refused
- Unsure

f. What is your current level of education?

- Graduated High School/GED
- Tech School
- Associate's
- Bachelor's
- Master's
- Doctorate
- Other

g. What range does your current annual household income currently fall:

- \$0 - \$24,999
- \$25,000-\$49,999
- \$50,000-\$74,999
- \$75,000 - \$99,999
- Greater than \$100,000
- Prefer not to answer

**h. Is there anything that will prevent you from attending meetings or participating in the meetings? Please describe:**

**i. How did you hear about this opportunity?**

Thank you again for your interest in the Diabetes Wraparound Program of UPMC Children's Hospital of Pittsburgh!